



NOTTINGHAM NORTHERN

SWIMMING CLUB 48th Open Meet



(Affiliated to Swim England East Midlands)

Harvey Hadden Sports Village, Wigman Road, Bilborough, Nottingham, NG8 4PB

Promoters Conditions

General

- 1) The promoter is 'Nottingham Northern Swimming Club'.
- 2) The Meet will be held under the relevant Swim England Regulations.
- 3) The competition is open to Swim England or other National Swimming Association registered swimmers only.

Entries

- 1) All meet information can be downloaded via the website www.northernsc.co.uk
- 2) **Age as at 31.5.26**
- 3) Entry times **must not** be faster than the published times. Times are short course 25m pool, conversions allowed.
- 4) All entries must have a submitted time where one is not available from Swim England Rankings.
- 5) Warm up will be available before the start of each session.
- 6) **This Meet will be filled on a first come first served basis.**
- 7) **The closing date is on or before 30th April 2026.**
- 8) The preferred method of entry is using **SPORTSYSTEMS Entry Manager**. When using Entry Manager, the completed entry file is submitted by email and payment made by BACS.
- 9) Where a number of swimmers are entering from one club it is requested that one person coordinate the entries and submits one entry file.
- 10) Individual manual entries may be submitted by email only. Payment must be received by BACS.
- 11) Payment must be made at the time of entry.
- 12) The entry fee is **£7.00** per swim or **£8.00** for paper entries (these must be sent by email).
- 13) **Summary Form must be sent by email (no paper entries or summaries to be sent).**
- 14) Notification of accepted entries shall be via a list on the website.
- 15) Refunds will not be given for withdrawn swimmers or for entry errors or omissions attributable to the individual or their club.
- 16) The promoter reserves the right to return any entry not fulfilling the above requirements.
- 17) **NO LATE ENTRIES OR ENTRIES ON THE DAY WILL BE ACCEPTED**



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Events, Age Groups and Awards

- 18) Events are 50m & 100m all strokes (not IM), and 200IM.
- 19) Age groups: 9, 10, 11, 12, 13, 14, 15/over.
- 20) All events are heat declared winners. Awards will be presented to the top 6 placed swimmers in each age group.
- 21) Para awards will be presented based on the minus one rule.

The Competition

- 22) Heats shall be spearheaded.
- 23) It is the swimmers' responsibility to report to the Competitors' Stewards when their event is called, races will not wait for swimmers.
- 24) Over the top/side by side starts may be used at any time at the discretion of the lead referee.

Withdrawals

- 25) If a swimmer is unable to swim or simply wishes to withdraw then it is important to notify the recorders.
- 26) Known withdrawals prior to the meet should be notified immediately by email to: pauljohnwright@outlook.com **no later than 6pm Saturday 30th May 2026**, start sheets will then be produced and be viewable via the website.
- 27) All other matters regarding the administration and running of this meet shall be decided by the promoter.

Meet Information

- 28) The meet is to be held at the Harvey Hadden Sports Village Swimming Pool in Nottingham.
- 29) The pool is 25mtrs x 8 lanes each 2.5mtrs wide with Colorado timing system and 'wedge' starting blocks.
- 30) The depth will be a constant 2 metres.
- 31) The Meet is licensed Level 3.

Meet Administrator: Diane Williams

Email: secretarynsc@gmail.com

BACS: 30-97-55 00940122

Reference: May26 (+club name)



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- 32) The Meet will operate a SPORTSYSTEMS results service.
- 33) Live start lists and results will be available at: www.northernsc.co.uk
- 34) Result sheets in PDF format will be available to download as soon as possible following the end of each session.
- 35) Coaches / Team Manager passes for the day are £15. These must be applied for **in advance** and are subject to the applicant holding a current DBS certificate. **Passes CANNOT be purchased on the day, if any coach is not wearing their pass they will be asked to leave poolside.**
- 36) Para-Swimmers, in addition to a coach a personal care assistant may be permitted for classes S1 to S5 & S11. A poolside pass must be applied for in advance and is free of charge, the applicant must hold a current DBS certificate.
- 37) Spectators passes cost £7.00 per session, and £10.00 all day, payment will be via contactless payment or cash. The promoter will communicate nearer to the time of the Meet should any restrictions be placed on the number of spectators by the facility management team.
- 38) A secondary strobe may not be available at this meet.
- 39) Only authorised persons are allowed on the poolside and must display a valid pass at all times.
- 40) Only those swimmers who are swimming are allowed on poolside, all others to return to sports hall along with Team Managers straight after their event.
- 41) When leaving the poolside swimmers must dress appropriately and suitable footwear must be worn.
- 42) The entry and exit is via the changing rooms only. No other access points should be used by the swimmers before, during or after the Meet. The entry and exit points may be subject to change, however full communication to all clubs will be provided prior to the open meet.
- 43) The use of mobile phones and the taking of photographs or videos are not permitted on the poolside. Anyone found taking photographs or videos in the changing village or adjacent areas will be immediately excluded from the competition and escorted off the premises.
- 44) All swimmers and other personnel must abide by Health and Safety and any Covid-19 guidance that is actioned by the venue management. Any person contravening the guidance may be excluded from taking any further part in the proceedings. Qualification period from 1/05/2024.
- 45) The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.



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Meet Schedule

Session 1	Start 9:00am	Sunday 31 st May 2026	
101	Open/Male	200m	Individual Medley
102	Girls Open	100m	Butterfly
103	Open/Male	100m	Butterfly
104	Girls Open	50m	Freestyle
105	Open/Male	50m	Freestyle
10 Minute Comfort Break			
106	Girls Open	100m	Breaststroke
107	Open/Male	100m	Breaststroke
108	Girls Open	50m	Backstroke
109	Open/Male	50m	Backstroke



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Session 2	Start TBA	Sunday 31 st May 2026	
201	Girls Open	200m	Individual Medley
202	Open/Male	100m	Backstroke
203	Girls Open	100m	Backstroke
204	Open/Male	50m	Breaststroke
205	Girls Open	50m	Breaststroke
10 Minute Comfort Break			
206	Open/Male	100m	Freestyle
207	Girls Open	100m	Freestyle
208	Open/Male	50m	Butterfly
209	Girls Open	50m	Butterfly



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QUALIFYING TIMES

Swimmers must NOT BE FASTER THAN the times below
SHORT COURSE TIMES (long course converted will be accepted)
Qualification period from 01/05/2026

Based on 25m Pool

Open/Male Events	9yrs	10yrs	11yrs	12yrs	13yrs	14yrs	15 +yrs
50m Freestyle	34.45	30.98	29.19	27.53	26.11	24.33	23.91
100m Freestyle	1:15.6	1:09.3	1:04.4	59.46	56.49	53.62	52.38
50m Backstroke	39.02	36.68	33.39	31.55	29.0	27.14	26.61
100m Backstroke	1:24.8	1:18.7	1:11.6	1:07.9	1:02.4	58.62	55.76
50m Breaststroke	45.7	40.85	38.04	35.1	32.48	30.86	29.75
100m Breaststroke	1:40.8	1:30.0	1:24.8	1:17.1	1:09.0	1:05.9	1:04.6
50m Butterfly	38.51	34.07	32.13	29.94	28.05	26.53	25.89
100m Butterfly	1:25.4	1:18.7	1:13.3	1:06.7	1:02.1	58.4	56.79
200m Individual Medley	3:05.7	2:48.8	2:37.8	2:27.0	2:18.4	2:09.3	2:07.3



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GIRLS Events	9yrs	10yrs	11yrs	12yrs	13yrs	14yrs	15+yrs
50m Freestyle	34.09	31.58	29.08	28.09	27.26	26.4	26.18
100m Freestyle	1:16.1	1:09.2	1:04.1	1:01.2	58.86	57.46	56.22
50m Backstroke	40.06	36.08	33.43	31.57	30.34	29.38	29.02
100m Backstroke	1:27.2	1:17.8	1:11.8	1:08.5	1:04.6	1:03.0	1:02.6
50m Breaststroke	45.93	41.42	37.37	35.39	34.16	33.1	32.24
100m Breaststroke	1:39.6	1:30.2	1:22.3	1:16.8	1:14.0	1:10.9	1:10.3
50m Butterfly	38.05	34.18	32.05	29.94	29.38	28.66	27.8
100m Butterfly	1:31.5	1:18.0	1:13.9	1:06.4	1:05.4	1:02.7	1:00.8
200m Individual medley	3:10.2	2:50.3	2:38.4	2:27.4	2:24.4	2:19.0	2:17.1

Anything not covered in these conditions is at the discretion of the meet promoter and Nottingham Northern SC. The promoter will communicate to all clubs prior to the Open Meet taking place.



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VOLUNTEERS & OFFICIALS, WE NEED YOU! This is a level 3 licensed meet.

Benefits: Free admission! Free lunch! Ring side view of the action!

Name of Official			
Swim England Number		Contact Email	
		Contact Phone	
Qualified as	Judge 1		
	Judge 2		
	Timekeeper		
	Referee		

Please indicate below which sessions you can help at:

Session 1	
Session 2	

All officials will be entitled to a free lunch and unlimited refreshments throughout the day.

Thank you to all of our officials that dedicate their time for the benefit of the swimmers. We really appreciate your assistance! **Thank you - The Nottingham Northern Management Board .**



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COACH / TEAM MANAGER / CHAPERONE POOLSIDE PASS APPLICATION FORM

Club Name			
Contact Name		Contact Email	
		Contact Phone	
Full Name of Coaches		DBS Number	

Poolside passes must be applied for in advance and will only be issued to registered club coaches, team managers or personal care assistants. It is the club's responsibility to ensure coaches have current DBS certificates. No poolside passes will be issued on the day of the meet except in an exceptional circumstance. Please collect passes on the day at the entrance to the pool.

BACS: 30-97-55 00940122 Reference: June26(+clubname)



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ENTRY FORM (MANUAL ENTRIES OR CLUB USE)

Club Name			
Given Name		Family Name	
DOB		Open/Male or Female	
Swim England Number			
Contact Email		Contact Number	

Event	Tick to Enter	Time (if not on rankings)
50m Freestyle		
100m Freestyle		
50m Backstroke		
100m Backstroke		
50m Breaststroke		
100m Breaststroke		
50m Butterfly		
100m Butterfly		
200m Individual Medley		



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Number of Manual Entries @ £8.00		= £
Number of Coaches Passes @ £15.00		= £
Total		= £

BACS: 30-97-55 00940122 Reference: June26(+club name)

CLOSING DATE Wednesday 29th April 2026

THIS MEET WILL BE FILLED ON A FIRST COME FIRST SERVED BASIS

Please return to Gill Salsbury: nnsopen@gmail.com

SUMMARY OF ENTRIES

Club Name			
Contact Name			
Contact Phone			
Contact Email			
Number of Open/Male Entries (Electronic Sportsystems)		@ £7.00	= £
Number of Girls Entries (Electronic Sportsystems)		@ £7.00	= £
Number of Open/Male Entries (Paper Entry - Emailed)		@ £8.00	= £
Number of Girls Entries (Paper Entry - Emailed)		@ £8.00	= £
BACS: 30-97-55 00940122 Reference: June26(+club name)	Total		= £